

foundation focus

Spring 2011

Cancer Care Expansion



Brant Community Healthcare
System Foundation
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We are proud to announce the expansion of our cancer care program at the Brantford General! In the upcoming summer months, the clinic's services will increase from 3 to 5 days per week and will treat approximately 250 new patients annually. This is a wonderful and timely message for our many patients in the community that will be able to access this care, close to home!

Expanded services at the BCHS Cancer Clinic will help us respond and serve the increase in cancer care patients in our community; a 70% growth is projected over the next year. Currently, our cancer care at the BCHS includes consult visits for patients, radiation and systemic therapy and chemotherapy for breast, lung, colorectal and prostate. Last year, the BCHS Cancer Clinic treated more than 2500 patients from our area. Of course, this increase will also mean an impact on many other areas of the hospital that support cancer care at the BCHS, including diagnostic imaging, laboratory, surgical, pharmacy as well as other departments.

For our patients, an expanded clinic is welcome news. Currently, residents of our community may have to travel to other cancer centres to receive diagnosis, treatment and follow up consultations. This can be difficult for our patients, many of whom are in a fragile physical and mental state due to their illness. These patients will now benefit from a more convenient treatment experience, receive essential care from our expert nurses and physicians and free them from making travel arrangements.

The BCHS Foundation is raising funds to directly support Cancer Care within our community. All dollars raised will help us purchase critical patient equipment that is not paid for by the Ministry of Health and Long Term Care, provide essential resources to maintain the exceptional level of compassionate patient care, and invest in new and innovative technology at the BCHS.

For more information on how to make a donation to Cancer Care at the Brant Community Healthcare System, please contact the Foundation office at (519) 751-5510 or go on-line at www.bchsysfoundation.org.

Welcome Dr. Bryan Lee!

Dr. Bryan Lee will be joining us on a full-time basis as our medical oncologist and is eager to become part of the Brant Community Healthcare System:

I am honoured to be joining the cancer care team at the Brantford General Hospital. Having access to treatments and supportive care close to home can make all the difference to patients and their families. I look forward to working with the staff to implement the expansion plan, allowing us to deliver quality care.

- Dr. Bryan Lee, Medical Oncologist, Brantford General Hospital



Our Monthly Giving Program

Monthly giving makes contributing easier because you are able to make donations in small, easy-to-manage amounts. This program provides a source of reliable, ongoing funds that the BCHSF can count on each month. Giving monthly is simple and convenient.

You can join for as little as \$10 a month (just 33 cents a day)!

Your monthly donation can be automatically withdrawn from your bank account or processed on your credit card.

For more information, contact Crystal at the BCHS Foundation at **519-751-5544 ext. 2014** or by email at cgodwaldt@bchsys.org. You can also register on-line at www.bchsysfoundation.org.

Spread your
generosity over
the entire year!

Spring 2011

what's inside

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- BCHS receives state of the art imaging equipment
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a hive of activity

Diagnostic Imaging Services at the BCHS performs approximately 130,000 exams a year, serving the areas of Brantford, Brant County, Six Nations and some surrounding communities.

Providing Diagnostic Therapies in the areas of Mammography, Nuclear Medicine, Angiography, Fluoroscopy, Ultrasound, X-ray, MRI and CT technologies – the Diagnostic Imaging Department is a hive of activity.

- Over 6,000 MRI Scans are completed annually.
- More than 15,000 CT Scans and procedures are performed each year.

BCHS receives state of the art imaging equipment

On December 24, 2010, a new 256-slice Computer Tomography (CT) machine was delivered to the Brantford General. This replaced the previous 4-slice scanner, which was at the end of its useful service life. Built by Philips, the CT 256-Scanner is the fastest available on the market. Patients at the BCHS are now able to receive significantly faster CT scans and have access to new procedures as a result of this incredible piece of imaging equipment.



What can a 256-slice CT Scanner do that a 4-slice can't?

- Better diagnosis and increased patient care. The previous CT unit needed 4 minutes to complete a scan compared to our new unit that only takes 20 seconds.
- New procedures are possible, including enhanced cardiac scans and virtual colonoscopies.
- Significant radiation reduction by up to 80% and the new scanner needs less contrast dye to provide an image. This is particularly important for cancer patients who undergo repeated CT scans.
- As a designated stroke centre, patients are often rushed to our emergency room. It is the immediate access to the CT scan that provides our stroke team the diagnostic tools to inject with confidence, the clot-busting drug that can save their life.

Spaghetti dinner

The North Brantford Lions/Canadian Pioneer Lions Club, and the Royal Canadian Legion Dunsdon Branch 461 joined together to host a spaghetti dinner. Special thanks to Scotiabank, matching the proceeds raised at this event.



(L to R) Marlene Todd, Canadian Pioneer Lions, Jack Wallace, Royal Canadian Legion Dunsdon Branch 461, Crystal Godwaldt, with the BCHS Foundation, Esther Yelle, Scotiabank, Keith Cook, North Brantford Lions Club and Stuart Roxborough, Chair of the BCHS Foundation.

sweet dreams



A good night's rest is important to all of us, but to our youngest patient population, sleep can be a critical aspect to their development and healing.

An investment from a generous donor enabled the purchase of 11 new isolettes for our Constant Care Nursery. These isolettes are equipped with the latest technology to support temperature and oxygen controls to provide the best possible environment for our delicate newborn population.

The Brantford General provides a Level II Constant Care Nursery (CCN) that cares for over 400 babies annually within Brant and its surrounding areas. Newborns who are admitted in the Constant Care Nursery are too ill to stay with mom and require 24-hour medical attention.

Thanks to our donors, new cribs have also been purchased, arriving this June to our Paediatric Department.

The BCHS Foundation was able to grant \$92,000 to the Paediatric Department to acquire 11 new cribs for our infants and small children. Our new cribs feature the highest standards for safety and comfort serving Brantford, the County of Brant and surrounding communities.

This equipment is not funded through the Ministry of Health and Long Term Care, so we are grateful to our donors for their ongoing support of the Foundation to purchase this essential equipment. Together, we help to provide a good night's rest to our youngest patients.

Sweet dreams, little ones.

Brantford Shrine Club DONATION

Local Shrine Club makes a big impact on new paediatric and infant security systems at the Brantford General site of the Brant Community Healthcare System.

The Brantford Shrine Club donation of \$94,914.58 will help support a new infant security system for our family birthing centre unit and a paediatric security system at the Brantford General site. Local Shriners raise funds through their Christmas cake sales and by co-sponsoring the official Shrine Circus held in Cambridge June 17-19.



In the photo- from far left Ed Skokun- President, Peter Loube 1st Vice President, Dean Bauer 2nd Vice President, Sherri Bocchini, Executive Director of the Brant Community Healthcare System Foundation.

The Shriners Club is a fraternity based on fun, fellowship and the principles of brotherly love, relief and truth. Their main goal is to provide care for sick children through a network of Shriners Hospitals for Children across North America.

Thank you, Brantford Shrine Club, for your kindness and generosity. Your donation will go a long way in providing a quality security system for the young patients and parents at the BCHS.

Renovated Urgent Care at the Willett



“Staff and patients alike have been enjoying our new Urgent Care Centre,” said Heather Riddell, Director of Emergency, Urgent Care, Medicine, Corporate Patient Flow and Access. “With our new patient flow and enhanced triage station, we are able to offer increased patient privacy and additional infection control protocols.”

The response from the community to the renovations has been positive, especially the larger waiting area, with a children’s play station to help keep patients more comfortable while they wait for treatment. Urgent Care sees approximately 15,500 patients annually and these numbers are expected to increase to about 16,000 this year.

The BCHS Foundation raised more than \$300,000 to support the renovation, which was completed and opened to our patients about a year ago. Thank you for your support!

Delicious Prevention!

Berries are among the fruits highest in antioxidant content and are excellent sources of phytochemicals that help block cancer development. This recipe is not only delicious, but will help you to stay healthy and fight disease.

By Claire Stubbs, Photography by Edward Pond



Summer Berries and Honey Mascarpone Tart

- 1 1/2 cups all-purpose flour
- 1/2 cup icing sugar
- 1/2 cup cold unsalted butter
- 1 free-range egg yolk
- 1 tsp pure vanilla extract
- 3-4 tbsp ice water
- 1 cup mascarpone cheese
- 2 tbsp honey
- Seeds from 1 vanilla bean
- 4 cups mixed fresh berries (raspberries, blackberries, blueberries)
- 1 cup fresh strawberries, sliced
- 2 tbsp brown sugar

Directions

1. Cut a circle of parchment paper to fit the base of a 10" fluted tart pan with a removable bottom. Place paper in pan and set aside.
2. Stir the flour and icing sugar together in a large bowl until well combined. Using the coarse side of a cheese grater, grate the cold butter into the

delicious berry recipe!

dry ingredients and work in the shreds with your fingertips until the mixture resembles coarse meal. Using a fork, whisk together the egg yolk, vanilla and ice water in a small bowl; stir into the dry mixture. Bring the mixture together with your hands to form a ball of pastry dough. Roll out the pastry on a floured surface to form a 12" circle and transfer to prepared tart pan, trimming the edges with a sharp knife. Cover pan with plastic wrap and chill for at least 1 hour.

3. Preheat the oven to 400°F. Prick the base of the pastry all over with a fork and bake for 30 to 35 minutes, until light golden and crisp. Set aside and allow to cool completely before filling.

4. Stir together the mascarpone, honey and vanilla seeds in a small bowl; spread the mixture evenly over the cooled tart shell. Mix all the berries with the brown sugar in a large bowl and carefully pour into the shell over the honey-mascarpone mixture. Slice to serve.



Interview with **Jim** Hornell

Our beloved President & CEO at the BCCHS talks food, family, and his favourite Brantford & Brant County activities.

Jim, you have been with the Brant Community Healthcare System for one year now. What are you most proud of in your time at the BCCHS? There have been many moments of pride: Health Minister's visit; Accreditation debriefing; speaking engagements at all the local service clubs where I get to extol the virtues and challenges in our organization; visits to the frontline to see the competency and enthusiasm of our staff, volunteers and physicians; and of course the making and launch of the handwash video [you would not believe the number of community members who have come up to me to comment on how much they enjoyed the video and how they sent it to others]. There has not been a day when I did not look forward to coming to work.

What is your favourite thing to do in Brantford/Brant County? My wife and I really enjoy the trails along the Grand - we run them or ride our bikes any chance we get. We also love to pack a picnic lunch, good novels and head to the beach at Port Dover [obviously we are going through a bit of withdrawal since last summer and we can't wait for the warmer weather]; My schedule can be quite hectic so I try to preserve Tuesday evenings for a "date night" with my wife where I get to splurge on a cheap movie and expensive popcorn.

What is your favourite indulgence and where do you find it in Brantford/Brant County? We have discovered Indian cuisine and really enjoy opportunities to treat ourselves at Taal and Bombay restaurants.

We know that you have a celebrity in the family. Who is your favourite artist? It used to be the Canadian iconic folksinger Valdy but he has been replaced by Matthew Hornell and the Diamond Minds - our son's passion is singing, songwriting and it has been a great treat to watch him pursue his passion and gain some notoriety doing it. This fall, he toured across Canada for several months and we got to see and hear him perform at the El Mocombo in Toronto. He also has a CD that has been selling well on the East Coast and he has performed as the opening act for groups like Hey Rosetta and Bediun Soundclash.

We know that you are in the process of building a new home in the area. What is the one 'must have' item in your new home? Easy - pictures of our three boys. But after living in rented accommodations for over a year you learn that items are not as important as you might think and you can live with less. Still, it will be like Christmas when we finally move in and get to unpack our belongings. As far as the structure of the house is concerned, a garage will be awesome and it will be great to view the TV while preparing supper and washing dishes.

When you don the apron, what recipe/meal do you enjoy preparing for your family? My wife, Mim, is an awesome cook so we are best served if I stay away. I love cooking but don't take the time to do more than just the odd barbeque. I have been known to make a decent pot of chili and Mim says my Caesar salad is killer.

meet our **team**



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upcoming **events** in Support of the BCCHS Foundation

mark your
calendars!

3rd Annual BCG Logistics Charity Golf Tournament

Tuesday June 7, 2011
Brantford Golf & Country Club

Ultimate Day of Golf

Tuesday August 9, 2011
Brantford Golf & Country Club

Conestoga Trail Bluegrass & Gospel Festival

August 12-14, 2011
325 Hwy #2 - RR#1
Princeton, Ontario

Bidders Choice

Friday November 4, 2011
Brantford Golf & Country Club

For more information on our upcoming events call Christine at the Foundation office at **519-751-5544 x 2390** or by email at **cmaacdonald@bchsys.org**